



**Farm Stress Resources by Soy State
National Farm Stress Resources for U.S. and Canada
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#SoyHelp

Alabama

Alabama Ready

County by county directory of [crisis numbers for mental illness](#) from Alabama Dept. of Mental Health

Louisiana Interchurch Conference (LIC)

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LIC is a statewide association of churches representing 15 denominations. The LIC strives to foster greater visible Christian unity through common worship, study and social outreach. Financial, educational and counseling services are available to farmers through this office. Alabama is in the LIC service area.

While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.