



**Farm Stress Resources by Soy State
National Farm Stress Resources for U.S. and Canada
May 1, 2021**

#SoyHelp

Arkansas

University of Arkansas

The University of Arkansas Cooperative Extension Service provides [links to personal and family well-being](#), including C-19 Resources.

Arkansas Department of Health

The Arkansas Dept of Health has [online help lines](#) and mental health resources, including stress management.

Arkansas Lifeline Call Center

The Arkansas Lifeline Call Center (**1-800-273-8255**) is available 24/7. This call center housed within the ADH answers calls from Arkansans to the National Suicide Prevention Lifeline. Call takers can route Arkansans to local resources.

Promoting Positive Emotions program

All services are completely confidential and absolutely free. There are no age requirements. The PPE program is available to children under age 18 as long as there is parent/guardian consent to provide services.

- Crisis Support Line: 833-993-2382
- [Flyer](#)
- [Infographic](#)
- [Website](#)

National Domestic Violence Hotline

- 1-800-799-7233
- TTY 1-800-787-3224
- Click [here](#) for more information.

Disaster Distress Helpline

- 1-800-985-5990
- Text TalkWithUs to 66746
- Click [here](#) for more information.

Crisis Text Line

Text HOME to 741741 to connect with a Crisis Counselor.

While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.



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Louisiana Interchurch Conference (LIC)

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Website: <http://www.lainterchurch.org>

LIC is a statewide association of churches representing 15 denominations. The LIC strives to foster greater visible Christian unity through common worship, study and social outreach. Financial, educational and counseling services are available to farmers through this office. Arkansas is in the LIC service area.

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