



**Farm Stress Resources by Soy State  
National Farm Stress Resources for U.S. and Canada  
May 1, 2021  
#SoyHelp**

**Indiana**

Families First Indiana

**24 Hour Crisis and Suicide Prevention Line: Call 317-251-7575 or Text CSIS to 839863**

[Families First Indiana](#) has a free 24-hour crisis line for people who are in crisis or contemplating suicide. If you are experiencing thoughts of suicide, are concerned about a loved one, need referrals, or just want someone to listen, our Crisis Intervention Specialists are available 24 hours a day to provide support for any problem you may be facing. Call or text now to speak with someone. FFI wants you to know you're not alone, and they can help you get through whatever it is you're facing. The Crisis Line is a member of the [National Suicide Prevention Lifeline Network](#).