



**Farm Stress Resources by Soy State**  
**National Farm Stress Resources for U.S. and Canada**  
**May 1, 2021**  
**#SoyHelp**

## **Louisiana**

### Louisiana Department of Health and Office of Behavioral Health

- [Louisiana Spirit Crisis Counseling Program](#) (commonly referred to as "**Louisiana Spirit**")
  - Louisiana Spirit provides adult and child needs assessment and referral to additional disaster relief services or mental health, counseling goals to assist disaster survivors in understanding their current situation and reactions, mitigate stress, review their disaster recovery options, and provide general support/information on resources and services available.
  - Collaborates with the LDH/OBH to offer disaster mental health interventions, which includes outreach crisis counseling and education to families, staff of local governments, rescuers, disaster first responders, business owners, religious communities, and other special populations. **Free stress management services** are available for employees of public, private and non-profit entities statewide.

### Suicide.org

Louisiana regional crisis lines and care centers: <http://www.suicide.org/hotlines/louisiana-suicide-hotlines.html>