



**Farm Stress Resources by Soy State  
National Farm Stress Resources for U.S. and Canada  
May 1, 2022**

**#SoyHelp**

**Florida**

Florida Department of Health

Florida-specific resources may be found at the Florida Health website: [Stress and other mental health concerns](#).

Florida Farm Bureau

<https://www.floridafarmbureau.org/mental-health-resources/>

Hope for Healing Florida

Hope for Healing navigates the many ways Floridians can access help for mental health and substance abuse. Access their [website](#) to search your area for mental health providers and local organizations offering help – and hear stories from those who have sought help.

Florida Department of Children & Families

Office of Substance Abuse and Mental Health (SAMH)  
850-487-2920 or access the [SAMH website](#) for resources for adults and families.

NAMI Florida

[Link to resources](#) from the National Alliance on Mental Illness.

Resources to Recover (RtoR.org) – A Gateway to Mental Health Services

RtoR.org is a mental health website for families and individuals to connect them with mental health resources. A [state resource directory](#) is available online.

*While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.*