



**Farm Stress Resources by Soy State
National Farm Stress Resources for U.S. and Canada
May 1, 2021**

#SoyHelp

Georgia

The Georgia Collaborative ASO

For immediate access to routine or crisis services, call the **Georgia Crisis and Access Line (GCAL)** at **1-800-715-4225**. GCAL is available 24/7, 365 days a year to help you or someone you care for in a crisis.

GCAL professionals will:

- Provide telephonic crisis intervention services
- Dispatch mobile crisis teams
- Assist individuals in finding an open crisis or detox bed across the State
- Link individuals with urgent appointment services

In addition, GCAL will help you to access a State Funded provider in your area in a non-emergency as well. A nationally accredited Health Care Call Center, crisis center, and partner in the National Suicide Prevention Lifeline, the Behavioral Health Link Crisis Call Center is proud to operate the Georgia Crisis and Access Line.

Text & Chat

Georgians can access GCAL's services via text and chat through the **My GCAL app**, available for download. Developed by Behavioral Health Link, the app will allow those in need to **call, text, or chat with GCAL 24/7/365**. Help is in your pocket—just a click away. The caring professionals of GCAL are ready to help, and users can choose how they want to reach out.

Find a provider through [ReferralConnect](#)

University of Georgia

The University of Georgia is committed to helping the rural communities in Georgia and the producers, farmers and citizens who are the backbone of their communities. The following are a collection of articles, resources and programs UGA has gathered to assist with issues from maintaining good mental and physical health to juggling economic, educational or lifestyle concerns. We will update these resources with the most current and useful information generated by our faculty and by experts throughout Georgia and the U.S.

Access UGA Extension's "[Stress Less, Live More](#)" guide and other resources at extension.uga.edu/rural.

[UGA Extension 1-Page Resources for Information: Mental Health & COVID-19](#)

Link: [Georgia Mental Health Services Guide](#)

While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.