



**Farm Stress Resources by Soy State
National Farm Stress Resources for U.S. and Canada
May 1, 2022**

#SoyHelp

Tennessee

Tennessee Suicide Prevention Network

Text TN to 741741 to connect to the [Crisis Text Line](#) and a trained counselor -or-

Call the [National Suicide Prevention Lifeline](#) at **1-800-273-TALK (8255)**, a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress.

[Farmers & Suicide Prevention](#) resource page.

Tennessee Department of Mental Health & Substance Abuse

Get help now! If you are experiencing a mental health emergency, Call 855-CRISIS-1 (855-274-7471)

Available 24/7 every day. All calls routed to a trained crisis specialist within your area. The service is free.

When you're having trouble getting mental health or substance use services, calling the **Helpline** offers you and your family access to an advocate who will listen to your concerns and provide information about available resources in your area.

The Helpline is available:

Monday - Friday, 8 a.m. to 4:30 p.m. CST Ph: (800) 560-5767

(615) 532-6700

Email: oca.tdmhsas@tn.gov

Again, if you need immediate help now, call the 24/7 Tennessee Statewide Crisis Line (855) 274-7471

Louisiana Interchurch Conference (LIC)

Phone: 225.344.0134

Contact: Dan Krutz

Email: lainterchurch@aol.com

Website: <http://www.lainterchurch.org>

Resource Description: LIC is a statewide association of churches representing 15 denominations. The LIC strives to foster greater visible Christian unity through common worship, study and social outreach.

Financial, educational and counseling services are available to farmers through this office. Tennessee is within the service area.

While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.