



**Farm Stress Resources by Soy State**  
**National Farm Stress Resources for U.S. and Canada**  
**May 2024**  
**#SoyHelp**

## **Florida**

### Florida Department of Health

Florida-specific resources may be found at the Florida Health website: [Stress and other mental health concerns](#).

### Florida Farm Bureau

<https://www.floridafarmbureau.org/mental-health-resources/>

### Hope for Healing Florida

Hope for Healing navigates the many ways Floridians can access help for mental health and substance abuse. Access their [website](#) to search your area for mental health providers and local organizations offering help – and hear stories from those who have sought help.

### Florida Department of Children & Families

Office of Substance Abuse and Mental Health (SAMH)  
850-487-2920 or access the [SAMH website](#) for resources for adults and families.

### NAMI Florida

[Link to resources](#) from the National Alliance on Mental Illness.

### Mental Health America of East Central Florida

Strives to ensure that people with mental illnesses are provided with needed resources and are accepted into the community through increasing awareness that mental health is an integral part of overall health.

#### **Drop-In Center Locations**

SOUTH DAYTONA: 661 Beville Rd, Suite 114 & 115 South Daytona, FL 32119  
10AM - 5PM Phone: 386-252-5785

#### **DELAND & FLAGLER: Tele-Health Only**

Phone: 386-252-5785

*While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.*



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[Mental Health America of Okaloosa & Walton Counties](#)

Educates the public, advocates for excellence and equality in treatment, and supports individuals and families living with mental health disabilities.

**Support Groups:** Find a list and contact info [here](#).

[Mental Health America of Southeast Florida](#)

Promoting mental health through education, prevention, research, advocacy and empowerment in Southeast Florida.

**Mental Health Screenings:** <https://mhasefl.org/mhmonth/>

**Self-Harm Information & Support:** <https://screening.mhanational.org/self-harm/>

[Peer Support Coalition of Florida, Inc.](#)

Advancing peer support in Florida through peer specialist workforce development, promoting full integration of peer and recovery-oriented services, and collaborating for social and systems transformation.

**CONNECT WITH A REGIONAL AND/OR LOCAL PEER NETWORK:**

<https://www.peersupportfl.org/what-we-do/peer-networks/>

[Resources to Recover \(RtoR.org\) – A Gateway to Mental Health Services](#)

RtoR.org is a mental health website for families and individuals to connect them with mental health resources. A [state resource directory](#) is available online.

**988: Suicide prevention and crisis support.**

988 is the new, 3-digit suicide prevention and crisis support available nationwide, including Florida. You can either **call or text** to connect with behavioral or mental health crisis services.

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

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