



Farm Stress Resources by Soy State
National Farm Stress Resources for U.S. and Canada
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#SoyHelp

South Carolina

[Suicide.org](#)

County by county [South Carolina Suicide Hotlines](#)

SC State Government Resources

- [South Carolina 211](#) Information on mental health and substance abuse, health care, and more.

Rural Health Services

- Rural Health Services offers [Behavioral Health Services](#).
- Find a location and contact information [here](#).

SC Department of Mental Health

- The South Carolina Department of Mental Health (DMH) operates the largest telepsychiatry program in South Carolina. [Click here](#) to learn more.

NAMI Mid-Carolina

- NAMI Mid-Carolina is offering online support groups. [Click here](#) to check out these resources.

Clemson University

- Clemson Cooperative Extension offers a [Farm Stress Management](#) page with tips and resources, including local resources.

East Carolina University

Scroll down the [Farm Stress resources page](#) for information on stress, farm issues, their scope and effects.

While these state resources and the following national resources are by no means exhaustive, ASA hopes they will be helpful in seeking qualified professional care.